Year 1

Rhythmic Skills 1 Week 1

Learning Intention

Read note values ta titi ta-a sa

Read 1 bar 4/4 rhythms

Echo 4/4 rhythms to the background of a beat

Introduction

Set playing a piece of music with a strong 4/4 beat – 1,2,3,4,1,2,3,4... Together clap, stamp, pat, nod etc to the beat of the music, saying '1,2,3,4,1,2,3,4 as you do.

To the same music, have children copy 4-beat rhythms clapped by teacher; use other body percussion to construct rhythms, such as knees, shoulders, feet etc... Chant Kodaly words as these rhythms are played, eg 'ta ta titi ta' 'titi titi ta ta'

A 4-beat rhythm (or 4/4 rhythm) must have 4 beats, according to the following key:

$$\int ta = 1 \text{ beat}$$
 $\int ta-a = 2 \text{ beats}$

Ititi = 1 beat
$$\Rightarrow$$
 sa = 1 (silent) beat

So...



Resources

Metronome Drums Rhythm flashcards

Targets

Recall Kodaly syllables to create 4/4 rhythms

Accurately echo 4/4 rhythms to the background of a steady beat

Evaluation

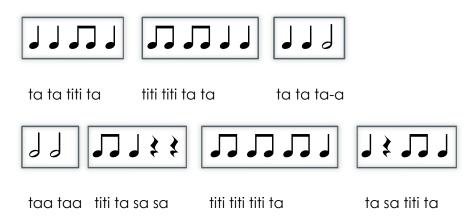
are all 4-beat rhythms

Introduce a metronome to provide a beat in the background and ask children to follow the beat when playing their rhythms.

Ask individual children to provide the beat on a drum instead of the metronome while the rest of the class play back teacher's rhythms.

Main Activity

Clap and chant (Kodaly syllables) children a series of 4/4 rhythm flashcards and, as a whole class, have them clap and chant each back in time to the rhythm track provided as a background. Examples:



Now show these to the children again and ask them to clap and chant each back after a count of 1,2,3,4 – can they remember the Kodaly syllables to chant for each one?

Plenary

To the loud beat of a drum, or to the beat of music played by teacher on piano or guitar, have children march around the room whispering as they do so '1,2,3,4,1,2,3,4' to keep their steps in time to the music. After four sets of four beats (1,2,3,4,1,2,3,4,1,2,3,4,1,2,3,4) have then children stop (keep the music going quietly to maintain the beat) and copy a series of 4 rhythms clapped by the teacher. Repeat this sequence several times until children get the hang of it...